

VILLAGES DUPLICATE BRIDGE CLUB COVID & HEALTH GUIDELINES

General Health Considerations (non-COVID related):

1. If you have fever, runny nose, sniffles, cold, flu or other contagious symptoms, PLEASE **DO NOT** come to VDBC face-to-face games!
2. Game Directors **will not** allow those with symptoms into the game and they will tell those showing signs of illness to leave.

If you were exposed to COVID-19 and **ARE NOT** [up-to-date](#) on COVID-19 vaccinations:

1. **PLEASE DO NOT** come to VDBC face-to-face games!
2. **Stay home & Quarantine** for at least 5 days
3. **Wear a well-fitted mask** if you must be around others in your home.
4. **Get tested** even if you do not develop symptoms* at least 5 days after you last had close contact with someone with COVID-19.
5. **After quarantine, no symptoms and negative test**, watch for symptoms for another 5 days.
6. **Then, ONLY AFTER** these precautions should you consider returning to F2F games.

**(If you do develop symptoms, isolate immediately and get tested. Continue to stay home until you know the results. Take precautions until day 10.)*

If you were exposed to COVID-19 and **ARE** [up-to-date](#) on COVID-19 vaccinations:

1. **PLEASE do NOT** come to VDBC face-to-face games even if you have no symptoms for 5 days.
2. **However, you do not need to quarantine at home unless** you develop symptoms.
3. **Get tested** even if you do not develop symptoms*, you should still get tested at least 5 days after you last had close contact with someone with COVID.
4. **If you test negative**, you can consider returning to F2F games.
5. **Watch for symptoms** until 10 days after you last had close contact with someone with COVID-19.

**(If you develop symptoms, isolate immediately and get tested. Continue to stay home until you know the results. Take precautions until day 10)*