

# The Hawkeyer

## Prez Sez

By Rod Burnett

Unit 216 Board of Directors meeting was held on May 11<sup>th</sup> at 3:45P with all twelve directors in attendance. Also in attendance were Mike Smith and Nancy Wilson. March 9<sup>th</sup> board minutes were approved and the treasurer’s report was given and approved.

Mike Smith co-chair of the regional tournament presented a proposed budget for the event. After discussion of the proposed budget, he agreed to revisit several items and to come to the June 10<sup>th</sup> meeting with his updated budget.

Nancy Wilson reported on several items including the Audrey Grant seminar where there are currently 130 registrations. Spring mentoring games have averaged 12 tables with the last session being held this Friday. She is also the liaison for the senior games being held at the bridge center of Friday, June 12<sup>th</sup>. This first time event has the registrations going to the Ames office so we do not have the number of participants as of this date.

Linda Johnson reported that attendance at the spring sectional was up 2.5 tables and that it was minimally more profitable. Prior to this

event, the corporation addressed several items and a clean-up day was held to assure that our facility was presentable. She was asked to finalize a list of duties for the unit and the corporation for upcoming tournaments.

The refurbished copier has been delivered and is in use. We are waiting for the local Ricoh dealer to give us a quote for putting a maintenance contract on the copier and then we will bill the corporation for their portion of this expense. A branding iron has been purchased to mark our bidding boxes and bridge pads before the regional tournament. We also purchased 200 one no-trump cards for the bidding boxes.

Kathi Kellen discussed the May 7<sup>th</sup> Educational Committee meeting. The committee is considering the purchase of the “Learn Bridge in a Day” program. The Byers/Gustafson fund committee is being approached for a grant for the purchase and the cost of advertising its usage. She also noted the various classes to be held between now and fall. Watch for announce-

## June 2015 Highlights

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ments for these classes.

Question has been raised as to whether programs to attract new players should go to the I/N coordinator prior to being presented to the education committee. After discussion Nancy Wilson and the education are to come to the next meeting with a proposed procedure for the board to consider.

Rod Burnett was pleased with the 27 tables that attended the medallion party on May 9<sup>th</sup>. There were 29 free games awarded to the various winners in the 2014 Ace of Clubs and Mini McKenney contests. Reimbursement was approved to

*(Prez cont. on page 13)*

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## Hawkeye Bridge Association

### Officers

Rod Burnett            President  
Dee Wilson            Vice Pres.  
Linda Johnson        Secretary  
Margie Brennan      Treasurer  
Stan Gustafson      Past Pres.

### Board of Directors

2016 Kathi Kellen  
      Dee Wilson  
      Gary Oliphant  
      Sally Nelson  
2015 Margie Brennan  
      Rod Burnett  
      Charlotte Hubbell  
      Marilyn Jones  
2017 Linda Johnson  
      Gregg Walsh  
      Bonnie Newton  
      Craig Nelsen

### Committees

Publicity: Gary Oliphant,  
Craig Nelsen

Appeals: Pete Wityk, Jim  
Swanson, Val Laing

Audit: Rich Newell

Calendar: Scott Riley

### Conduct and Ethics:

Tom Olsson, John Gustafson,  
Val Laing

Education: Kathi Kellen  
(Chair)

(Webmaster: Kathleen Kellen

Hawkeyer: Terry Swanson

## Unit 216 Club Directory

### DES MOINES

Bridge Center  
10190 Hickman Court  
Clive, IA 270-0868

Sun. 2-4:30 pm (0-50) New  
players Lesson/ Chat Bridge  
Nancy Wilson 285-9916

### Monday

12 pm (1000/2000/open)  
12 pm (100/300/500)  
Nancy Wilson 285-9916  
6 pm Free mini-lesson by  
Nancy 285-9916  
6:30 pm (0-50) Newcomer  
Game

### Tuesday

12:00 pm (200/300/500)  
Nancy Wilson 285-9916

### Wednesday

12:00 pm Free lesson  
12:30 pm (20/50/199)  
Bonni Newton 225-6907,  
778-0899  
7 pm (500/1000/1500 or  
any non-LM partnership)  
Gregg Walsh 771-4802

### Thursday

12 pm (1500/2500/open)  
12 pm (300/750/1000)  
Gregg Walsh 771-4802

### Friday

9:30-11:30 Supervised Play  
Bonnie Newton 778-0899

### Saturday

12 pm (300/500/750 or  
non-LM (partnership)  
12:30 pm (Open)  
Gregg Walsh 771-4802

### AMES

Heartland Senior Services  
205 South Walnut  
Sun. 1:30 pm (open)  
Ira White 292-5616

Tue. 7:00 pm (open)  
Ray Schoenrock 232-4717

Thur. 7:00 pm (open)  
Ira White 292-5616

### MARSHALLTOWN

Wed. 6:15 p.m.  
Senior Center; 20 E State St.  
Larry Park 641-752-6121



**Greater  
Des Moines  
Regional  
June 29  
to  
July 5**



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# Play in The Greater Des Moines Regional Tournament!

By Mike Smith

Every other year our Bridge Unit 216 gets to host a regional tournament. This is a pretty big deal for most units and the tournaments range from really big ones such as Gatlinburg and Council

Bluffs to smaller ones like ours. However, the gold points flow just the same and some of them could very well have your name on them at our tournament late in June.

This is the time for Unit 216 to shine and it's up to us, who call this our bridge home, to make it successful. Come play as often as you can. There are games for every level—see below!

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**When:** June 29 through July 5, 2015, at the West Des Moines Sheraton Hotel.

**Why?** Local players are vital for a successful regional tournament. We need you to come and play bridge! Some highlights:

**FOR NEW PLAYERS** - reduced table fees in intermediate/newcomer (I/N) games, special hospitality events, Q & A with experts about hands you just played, awards and more. For more information, contact Nancy Wilson.

**NEW “Choice” gold rush** – Two-session “gold rush” pair games have become the most popular way to win gold points. There will be gold rush pair games daily Tuesday June 30 through Saturday July 4. Each day, you and your partner can register for two gold rush sessions, choosing between morning, afternoon, and evening. None of your opponents will have more than 750 points.

**NEW “Choice” open pairs for advancing and advanced players** - At the same times as the “choice” gold rush pair games, we will offer a separate flight of “choice” two-session open pair games. The open flight will have three strata: 0-1500, 1500 – 3000, & 3000+ (based on your pair's average points). Register for two sessions, choosing from morning, afternoon and evening. NOTE: This year ACBL has increased master-point awards for pair games in relation to team games at regionals.

**Side game gold** – “Side” games are one-session games, usually available every morning, afternoon and evening. You can win gold in a side game by playing in a second side game in the same side “series”. Win in your direction in a side game, and there will be an asterisk by your masterpoint award, with an explanation that if you play another side game in the same series your points will turn from red to gold. Check the tournament schedule for the side-game series groupings.

**Knockouts** – Knockout team games remain a popular way to win gold points. The more who turn out to play, the more brackets available. Check with a director about bracketing when you're preparing to register for a knockout series.

**Sunday Swiss teams** – You'll have an opportunity for gold points in the Sunday Swiss teams game. In the lower (B/C/D) flight, no opponent will have more than 1500 points.

**Hospitality** – Check the hospitality schedule at the information desk. Our volunteers will be offering food and beverages in the 2<sup>nd</sup> Floor Hospitality Suite. On some days there will also be free lunches.

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# A Nice Lineup for Bridge Education and Promotion

By Herb Strentz

Several workshops, classes and other activities are on the agenda for the joint education committee of the Unit and the Bridge House corporation for the upcoming months with a focus on both serving current duplicate bridge players and recruiting newcomers.

Committee chair Kathi Kellen and Paul Spong organized a bridge booth at the Polk County Senior Fest May 13 at the Fair Grounds to attract new players, and Bonni Newtown scheduled a five-week class at The Lodge on Ashworth beginning in mid-May. Directors Dee and Nancy Wilson and Gregg Walsh planned a session on table etiquette for June 5. A previous session

on how to be welcoming and help others enjoy bridge, winning or losing, was well-received.

The Senior Games, previously known as the Iowa Senior Olympics, added bridge to its events and scheduled competition at the Bridge House on Jun 12.

Then we have the pre-regional June 29 workshop to be conducted by bridge guru Audrey Grant, who was recently named to the Bridge Hall of Fame. Information on that is posted at the Bridge House and available on-line at the Unit website.

Looking into the fall, classes are scheduled by Nancy, Bonni, Jessica Chance and others.



Plans also are under way for a fall open house and educational event designed to attract newcomers and also serve Bridge House veterans.

Information on these and other upcoming events will be posted at the Bridge House and available on-line.

Unit 216 members are encouraged to invite friends from party bridge and others to join in the activities and see why duplicate play can be enjoyable and rewarding.



## Audrey Grant

By Nancy Wilson

### A Festival with Audrey Grant

All the bridge players in the Des Moines area are reminded that Audrey Grant will be giving a one day workshop at the Sheraton West Des Moines Hotel on Monday, June 29. Registration will start at 9 a.m. with a morning reception and the event will run from 10 a.m. to 3 p.m. The fee is \$60.00, which

includes lunch and a textbook on Doubles.

### About the Workshop

The focus of the workshop is to take a closer look at the double and its impact on the entire auction. While taking part in the seminar, you'll also feel that you're involved in a

*(Grant cont. on page 11)*



# A Guess?

By Pete Wityk

I am first chair with all vulnerable in a club level matchpointed pairs event. I am playing with a regular partner against a regular C partnership. I pick up

♠ K108 ♥ A1086 ♦ A87 ♣ A83

This is a clear cut **One No Trump** as we are playing a 15 to 17 No Trump. After a **Pass**, partner jumps to **Four Clubs**, Gerber. After a **Pass**, I rebid **Four Diamonds**, showing zero or three aces; Roman style. Over another **Pass**, partner must have liked the response, because **Five Clubs** is what I see next. Over a **Pass**, I answer **Five Hearts** showing one or four kings. Another **Pass** is followed by **Seven No Trump**. No one has anything else to say other than **Pass**. The auction has been:

|                 |   |    |   |
|-----------------|---|----|---|
| N               | E | S  | W |
| 1N              | P | 4♣ | P |
| 4♦ <sup>1</sup> | P | 5♣ | P |
| 5♥ <sup>2</sup> | P | 7N | P |

1. 0 or 3 Aces
2. 1 or 4 Kings

The four of spades is led and the following dummy appears:

♠AQ6 ♥KJ742 ♦KQ ♣KQ7

Four of spades was led

♠K10 ♥A1086 ♦A87 ♣A83

In spite of partner's 20 HCP, I still have a two way finesse in hearts for 13 tricks. Well it's time to discover which finesse is more equal!

1. The seven of diamonds goes to the five, queen and deuce.
2. The king of diamonds gets the trey, eight and jack.
3. The king of clubs gets the deuce, trey and six.
4. The queen of clubs gets the four, eight and jack.
5. The seven of clubs gets the eight, my Ace and the trey of spades.
6. The ace of diamonds gets the five of spades, the deuce of hearts and the four of diamonds.
7. I lead the eight of spades to the nine, ace and seven.
8. The four of hearts is led to the six of diamonds, ace and trey.
9. I continue with the ten of hearts to the five, seven and eight of club.
10. I now claim with the marked heart finesse and the top spade.

The full hand was:

|         |           |
|---------|-----------|
| ♠ AQ6   |           |
| ♥ KJ742 |           |
| ♦ KQ    |           |
| ♣ KQ7   |           |
| ♠ J9543 | ♠ 72      |
| ♥ Q953  | ♥ ---     |
| ♦ J5    | ♦ 1096432 |
| ♣ J6    | ♣ 109842  |
| ♠ K108  |           |
| ♥ A1086 |           |
| ♦ A87   |           |
| ♣ A83   |           |

## Post Mortem

*Seven No Trump making seven was 5 of 7 matchpoints.*



*6 of 7 players took 13 tricks. But, two of them were only in Six No Trump. In the other flight there was only one pair making Seven No Trump, three pairs in Six No Trump making 7, one pair in Six Hearts making seven, two pairs going set, presumably in slam, and one pair taking 12 tricks in Three No Trump.*

*After the game, I heard a comment, "It's a guess, pure and simple on how to play the hearts. I wonder how that so many people got it right." Well, it is not a guess at all. It is a 100% clear cut play without any guess! The player to my left has two cards in each minor and therefore 9 major suit cards. The player to my right has 11 minor suit cards and therefore exactly two major suit cards. Playing two rounds of spades, seeing both opponents follow means that the spades are exactly 5 – 2 and the hearts are 4 – 0. There is just one sticking point that remains to assure success and I leave that as an exercise for the alert reader.*

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# A Way to Play Junk Stayman

By Bud Stowe

When your partner opens 1NT, it is primarily responder's duty to place the contract. Any 2-suited hand should explore for the best spot in one of these suits even if responder is weak. I play an enhanced form of 'junk' Stayman that allows responder to best place the contract after partner opens 1NT.

The original Stayman convention restricted its use to hands of at least invitational strength. When the Stayman bidder made another bid after opener's rebid (for example, 1N – 2C – 2D – 2S) it was considered forcing (or at the very least, invitational). But I feel the best use of Stayman is to handle all the weak 2-suited hands and that requires responder's rebids to not only be non-forcing, but to be usually signoff. To play this way effectively a few nuances need to be adopted and understood.

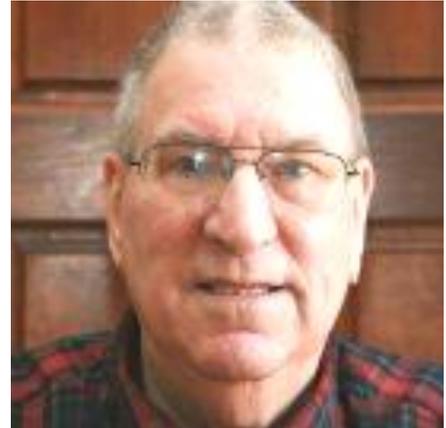
All weak or invitational strength hands with a 4 card major and another longer suit should start with the 2C Stayman response to partner's 1NT opening. It matters not the strength of NT opening you play, responder determines game chances appropriately. The main aspect of junk Stayman as I recom-

mend playing it is that if you find your 4-4 major fit, you can pass, raise (invitational), or go to game based on your strength, and if you miss on your 4-card major, you play at the lowest level in your longer other suit.

For example if you have a 4 card heart suit with a 6 card club suit and a weak hand, you respond 2C, and over your partner's 2S rebid (denying a 4 card heart suit), you simply bid 3C to play. Partner should treat this as a signoff and not invitational.

But what if you are dealt a 4 card spade suit with a long minor and partner rebids 2H to your 2C Stayman bid? The 2H bid guarantees 4 hearts, of course, but it does not deny 4 spades. In this situation, you bid 2S. Thus, the important principle of junk Stayman is that the rebid of 2S after 1N-2C-2H shows only 4 spades. (If you had 5 spades, you would have had 4 hearts or would never have bid Stayman).

**2S is bid after 1N – 2C – 2H on hands with just 4 spades and either also a long minor weak hand -or- a more balanced hand of pre-**



cisely invitational strength.

Now after 1N – 2C – 2H -2S opener has several options:

- If they also have 4S, they can pass with a minimum or raise to 3S with a maximum. Responder is either weak or invitational strength at best in this sequence, and, of course, if the later he would go on to game.
- **If opener does not have 4S he bids 2N on a minimum.**
- **If opener does not have 4S he bids 3C on a maximum NT opening.**
- Opener could also pass 2S with only 3S if he judged this best knowing partner can be any of the hands described above (invitational balanced or weak with a long minor).

After 1N-2C-2H-2S-2N, responder bids 3C or 3D if he

*(Junk cont. on page 12)*

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# An Overweight and Obese America

By Mike Harvey, D.O.

Up until my last article, we covered specific disease states. Once again, the main theme was living a healthy lifestyle. The last article was aimed at smoking cessation.

Today, let's cover weight management. The BMI (body mass index) is commonly used today to assess weight. Although a few situations occur when the BMI is not accurate, most of us can use it. The BMI can be determined from readily available charts and apps.

A normal BMI is 18.5 to 25. Overweight is a BMI of 25-30. Obese is a BMI over 30. Some people consider a BMI over 35 or 40 as morbidly obese.

Normal weight provides a basis for comparing risks in a disease or syndrome when one is overweight or obese. Generally, being overweight will have little impact in people without other diseases, but becomes an important modifiable risk factor as more diseases occur in an individual. Morbidly obese people suffer direct health impact from the weight.

Nearly all disease processes are effected by obesity. These include diabetes, hypertension, hyperlipidemia, coronary artery disease, stroke, gout, arthritis, liver

disease, kidney disease, and pulmonary diseases.

Let's talk weight loss!!

Remember carbohydrates, carbs and sugar are synonymous for this discussion.

The old adage of calories in vs calories out is still valid. What has evolved over the years is how we can control the calories out by controlling the types of calories in.

Exercise remains a mainstay for weight loss, as it will stimulate metabolism. However, how we adjust our intake has a very significant effect on our metabolism as well. Needless to say, the two together will be more effective.

Everyone has a unique set of genes resulting in a basal metabolic rate. Lifestyle factors contribute to this rate control, including diet, exercise, stress, and medications. Your current weight even has a factor.

Dietary intake has a major effect on important hormones that also affect our metabolic rate. Our intestinal tract has more hormones than any other organ, not unexpected given the importance of eating. Most of these hormones are balanced by opposing hormones, so we can adapt to



the varying conditions throughout the day and longer periods.

Over time, these hormones evolved and worked perfectly in our semi-starving ancestors. However, with the advent of abundant food production and consumption of processed foods, our hormonal balance has been overwhelmed.

Insulin is the hormone causing the greatest problem with eating "American Style." Insulin helps feed the body. It increases hunger, speeds stomach emptying, enhances sugar absorption, pushes sugars into the cells, and rapidly stores excess sugars as fat. Insulin is opposed by glucagon which has many of the opposite effects.

Today's diet results in insulin overwhelming the opposing glucagon. This is not good.

Basically, the ancestral diet

*(Obese America cont. on page 8)*

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(*Obese America cont. from page 7*)  
resulted normal in insulin levels which is good. But today's diet results in excess insulin and a self-perpetuating cascade of counterproductive effect. Increased hunger, rapid calorie transit, and excess fat storage all result in weight gain and obesity.

Once considered radical and ridiculous, the low carbohydrate and carb-free diets have hit the market full force. Dr. Adkins™, Medifast™, Ideal Protein™ and numerous others are well known. And with pretty amazing results. A few of our colleagues have "less" to show for their efforts.

But first a word of caution. Your current health issues should dictate how you go about altering your diet. Many disease processes and medications can affect your body's ability to adjust. Many medications may need to be reduced or eliminated during and/or after weight loss. Our body still has essential nutrients that it needs, and these must be included in any diet for the short-term and long-term. Hydration is extremely important, as these induce ketone production. Long-term plans must be developed and followed to sustain a healthy weight.

Visit your primary care pro-

vider after you have researched a plan you think can work for you. Take questions and schedule careful monitoring of you blood pressure, lipids, kidney and liver functions and blood counts. Do it wisely.

Resources:

[http://www.nhlbi.nih.gov/health/educational/lose\\_wt/recommen.htm](http://www.nhlbi.nih.gov/health/educational/lose_wt/recommen.htm)

<http://www.mayoclinic.org/healthy-lifestyle/weight-loss/in-depth/weight-loss/art-20047752>

<http://www.mercydesmoines.org/weightloss>

## Hospitality at the Holiday Regional

By Susan Seitz

### Coffee

1. Coffee and rolls every Morning starting at 8:15 in the Hospitality Room\* (bring a cup if possible)
2. Coffee at 10:30 am in the Hospitality Room.\*

### Lunch

1. Lunch for all players Wed. and Thur. in the Atrium\*\*
2. Lunch for I/N players Friday in the Hospitality Room\*
3. Picnic Lunch for all players Sat. in the Hospitality Room\*

### Treats at 10:15

1. Mon: Light snacks and drinks in the Hospitality Room\*
2. Tue: Margarita Party and "walking tacos" drinks in the Hospitality Room\*
3. Wed: Cheese trays and drinks in the Hospitality Room\*
4. Thur: Hot appetizers and drinks in the Hospitality Room\*
5. Fri: Sliders, fruit, and a keg in the ballroom\*\*\* featuring the DM Tango

Trio with Bruce Martin on the keyboard

### Brunch

Sun. in the Atrium for Swiss Team players.

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\* Hospitality Room is on the second floor of the Sheraton

\*\* Atrium is the middle of the first floor outside the playing area in the ballroom

\*\*\* Ballroom will be cordoned off from the games for the evening festivities



# Vacancy

by Rich Newell

Playing in the Saturday pairs game, red vs white, I'm holding:

♠- ♥AJ952 ♦987 ♣Q8765

The auction goes 2♠ on my right, pass by me, 4♠ on my left, penalty double by partner. At any other vulnerability I have an easy pass, but this time I make a risky 5♥ bid to end the auction and must now come to 11 tricks with dummy's:

♠AT74 ♥KT43 ♦Q4 ♣AJ3

LHO leads the ♦AK and RHO plays hi-lo with the "63, showing an even number. When LHO continues, I put up the ten of hearts in case RHO started with two diamonds and no ♥Q. When RHO follows with the ♦10 it becomes apparent that RHO started with six spades and four diamonds and only has three cards in clubs and hearts.

Holding 9 trump, it is typical to play for a 2-2 break. Considering the "vacant spaces" principle, LHO has 6 cards in clubs and hearts to RHO's 3 so a finesse ap-

pears to be the percentage play. I play a low heart to the ♥A, and RHO covers the ♥J with the ♥Q, RHO showing out. Returning to my ♥9 in hand draws the last trump.

Now I must contend with clubs; I know that LHO has three and RHO has two. I lead a low club to the jack and RHO plays the ♣T. I then realize the only hope to begin with was to play for ♣K42 on my right and ♣T9 on my left. I ruff a spade to get back to my hand and put the ♣Q on the table. When the trick continues ♣K, ♣A, ♣9 my club spots become good, so a lucky but well-earned +650.

The full hand:

|       |        |         |
|-------|--------|---------|
|       | ♠AT74  |         |
|       | ♥KT43  |         |
|       | ♦Q4    |         |
|       | ♣AJ3   |         |
| ♠Q83  |        | ♠KJ9652 |
| ♥Q86  |        | ♥7      |
| ♦AK52 |        | ♦JT63   |
| ♣K42  |        | ♣T9     |
|       | ♠-     |         |
|       | ♥AJ952 |         |
|       | ♦987   |         |
|       | ♣Q8765 |         |



Comment: A 4♠X contract loses one heart, two clubs, and maybe a diamond for +100 or +300. Over the 2♠ bid I would recommend that LHO pass or bid 2NT to collect information from partner. Opposite a hand with strong spades you're still only looking at 8 ½ tricks (6 spades, 2 diamonds, maybe one club).

From  
Bergen's Best Bridge Tips:  
*Be wary of hands with more queens and jacks than aces and kings, and hands which lack intermediates.*  
*3 aces should be evaluated as the equivalent of 13 HCP.*



Warm Hospitality  
5 KO Series  
Audrey Grant

## Hawkeye Holiday Regional June 29-July 5 Don't miss it

Choice Open & Gold Rush Pairs



Daily I/N Games  
Free Parking  
4 Side Game Series

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## Takeout and Negative Doubles

By Toby White

This is the 2<sup>nd</sup> article in a 3-part series on the primary uses of the double(X) card. Last time, we discussed the penalty double, but now, we will examine both appropriate and inappropriate uses of the takeout and negative doubles. For each, I will offer six key points.

### **TAKEOUT:**

1) At a minimum, a takeout double in direct seat guarantees at least 3 cards in the other 3 suits and something close to an opening hand.

The more shapely one's hand, the more they can relax their high card point (HCP) count before making the double. If the opponents open with a major, a takeout double tends to suggest (without guaranteeing) at least 4 cards in the other major.

2) One can also double with a strong hand, even without support for all of the unbid suits. Here, a 'strong hand' is typically defined as 17HCP or more, preferably with a self-sustaining suit. Then, when partner makes a call over your double, and you either really don't like her suit or really prefer your own suit, you can now bid your suit freely, signaling the power you contain.

3) In balancing seat, when

you have a minimum opener or even sub-minimum opener, you can relax the requirements for a takeout double by about 3-4 HCP. While you should still have support for the unbid suits (3+ each if there are 3 unbid suits and 4+ each if there are 2 unbid suits), your goal now is to compete; usually, partner will be glad that you did, especially if she has a decent hand but couldn't previously satisfy the requirements to make a double or overcall.

4) Sometimes, you must decide between doubling for takeout and bidding 1NT. Remember that if you have 15-18 HCP and at least 1 stopper (and preferably some length) in the opponent's suit, it may be better to bid 1NT than to double. This is especially true if you are short in one of the unbid suits or if your holding in opponent's suit is stronger than just Ax, Kx, or Qxx. The same principle applies in the balancing seat, except now the range for the 1NT bid is only 11-14 HCP.

5) Another situation to avoid doubling, even with an opening hand and tolerance for all unbid suits, is when your hand is perfectly square (4-3-3-3). I prefer to



simply pass in such situations, even with as many as 14HCP, which increases the probability of us defending on such deals. A pass would be especially warranted if my longest suit (the 4 card one) is what opponents opened.

6) It is becoming more fashionable for bidders to open at very high levels. While 3-level openers are pre-emptive, 4-level openers can be either pre-emptive or to 'play and make.' These bids are quite effective at shutting out you and your partner, but you can still compete with a takeout double. Typically, depending on how high you play takeout Xs, a double over 4H (or less) is for takeout, but a double over 4S is for penalty; to make a takeout bid over 4S, one bids 4NT instead.

### **NEGATIVE:**

1) The most common use of the negative double is to show 4 cards in the unbid

*(Doubles cont. on page 11)*

*(Doubles cont. from page 10)*

major (or majors) when bidding that major directly would have implied at least 5 cards instead. If forcing partner at the 1 level, only 6 HCP are required, but if forcing partner at the 2 level, 8 HCP are required, and if forcing partner at the 3 level, at least 10 HCP are needed.

2) Note that a negative double does not necessarily imply 4 card support for both of the unbid suits, although it does for at least one unbid major. For example, if the auction goes 1C (P) – 1H (RHO) – X, you should have 4 spades, but need not have 4 diamonds, too (even though one typically has diamond tolerance, which means at least 3 pieces).

3) Most people play that the only time the doubler implies 4 cards in both unbid suits would be over 1C (P) – 1D (RHO) – X, which would guarantee 4H & 4S. Some would also play that 1H(P) – 1S(RHO) – X would guarantee 4C & 4D. Over auctions like 1D (P) – 2C (RHO) – X, I play that only one unbid major would be guaranteed by doubler, although she could have both.

4) Sometimes, you must make a negative double with 5 or more cards in a suit because the overall strength of your hand is not strong enough to overcall that suit

directly. An example would be 1S (P) – 2C (RHO) – X, where you have 5-6 hearts, but only 7-8 HCP. To bid 2H directly here, you'd really like to have 10+ HCP. Thus, you double instead, and then bid hearts later as responder, which signals to P that you have length in hearts but not much strength.

5) You must be able to infer the minimum number of cards partner has in a suit bid directly. Thus, if P chose NOT to make a negative double, you have to know whether the suit she bid promises only 4 or promises at least 5. For example, over 1C (you) – 1D (LHO) – 1H/1S (P), partner is only promising 4 in that major because a X would promise 4 in BOTH unbid majors and P may only have a single 4-card major. However, over 1C (you) – 1H (LHO) – 1S (P), partner is actually promising at least 5 spades because she would do a negative double with only 4.

6) Finally, just like with takeout doubles, you must decide the highest level that a negative double will apply through (without being interpreted as a penalty double). Common maximum limits include 3S, 4D, and 4H. For example, if the auction goes 1S (you) – 4D

(LHO) – X (P) or 1C (you) – 4H (LHO) – X (P), you must know whether this implies 4 cards in the unbid major and a desire to win the contract, or if this is suggesting defending for business instead.

*( Grant cont. from page 4)*

general bridge brush-up and will be introduced to play and defense concepts that can have an impact at your next bridge game. Understanding the many uses of the double can dramatically improve your bidding. A key to the successful use of the call is the subsequent action by both partners. Discover how to advance partner's double even if the player on your right bids or redoubles. Learn how the rebid by the takeout doubler is used to further describe the hand. When you leave, you'll find that you know a lot more about the "Double", the game's most versatile call.

Registration contact: Nancy Wilson- [newilson@msn.com](mailto:newilson@msn.com) or call 515-285-9916

Advanced Registration required no later than June 19. Space is limited



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*(Junk cont. from page 6)*

is a weak 2-suiter with a long minor, and passes if he was the more balanced invitational hand (since partner has, in effect declined his game invite by rebidding 2NT).

After 1N-2C-2H-2S-3C, responder can pass or bid 3D if he is weak 2-suiter with a long minor just as above. But if he happens to be the balanced invitational hand he knows he can now bid 3NT (as partner has, in effect, accepted his game invite by showing a maximum with his 3C rebid.)

If partner denies a 4 card major altogether (1N-2C-2D), we simply bid our 5 card major (2H or 2S) if we were 5-4 in the majors (weak, to play), pass 2D if we had a 4 card major with a long diamond suit, or bid 3C if we had a long club suit. Note, if you considered yourself invitational strength with both majors (5-4), I still like starting 2C Stayman and signing off if opener rebids 2D. If they rebid one of our majors, we could raise to 3 with such a hand. It's possible partner could raise your 2H or 2S "signoff" to 3 if he was a maximum as he would know if the bidding went 1N-2C-2D-2H(S) that you held 4 of the other major (if you only had the one major you would have simp-

ly transferred to it and would not have bid Stayman) if he judged that worthwhile. (But just as "super accepting" a transfer to the 3-level could be met with a very weak hand, so could this situation, so I rarely do this.)

Higher bids are reserved for the strong hands with both majors in this manner: 3D is the Weissberger convention. 1N-2C-2D-3D shows 5-5 in the majors and opener is asked to bid 3H or 3S on a minimum and 4H or 4S on a maximum in his 3 card major. 3H, 3S, 4D, and 4H are Smolen transfer bids showing 5 cards in the major not bid or 6 cards (4-6 hands) for the 4-level transfer bids.

All this will work fine if you have a way to handle your strong hands with a 4 card major and a long minor. I prefer playing 4-way transfers, transfer first to my long minor, then bid 3 of my 4-card major. Transfers to a minor (2S for clubs and 2N for diamonds) provide an extra bid for opener between the response and the minor shown to allow opener to show minimum or maximum values and/or liking of the minor. This frees up the 3C and 3D responses to 1N, now not needed for the invitational long minor to fill in the gap for the 2-suited both minors hands (3C weak, 3D strong).

To handle the invitational 5 cd+ major hand better in response to a 1NT opener, after transferring consider a new suit (e.g. 1N-2D-2H-3C) as a natural game try, but for the major. This presents another situation where playing this style you need to be aware that **3H by opener is now DENYING hearts**. Since 3C is a game try for hearts, the only way to decline the invite is bid 3H and is thus bid on a minimum and may very well have bad hearts, since if opener is a maximum and/or really likes hearts he would bid 3N (max w/o hearts), or 4H. Opener could also raise the minor in the rare case he has a strong preference to that and doesn't like NT. He cannot pass the 3C in the above example, since responder might transfer to hearts and then bid a minor on stronger hands as well.

Having a 2-suiter when partner opens 1NT, should have all options available to find the best spot at the best level, and these methods, I have found, are the most flexible available. The bolded parts above represent the key/special ideas that are not commonly used but are certainly worth considering.



## Up the ACBL Ladder (Dec., Jan., Feb., Mar., Apr.,)

**New Members:** Joanne Boeckman, Mary Krause, Jan Porto, Celia Rodine, Mark Wellman, Jeanne Rooney-Graves, Myra Waggenpack, David Ward, Rick Osborn, David Rose, Jerre Stetson

**Jr. Master:** James Brown, Diana Anderson, Mark Wellman, Hattie Beecher, Peg Cashman, Elizabeth McDonald, Denise Horner, William Tracy

**Club Master:** Fred Hubbell, Norma Mishoe, Diane Sweet

**Sectional Master:** JoAnn Jensen; Rose Legg, Robin Koger, Gloria Smith, Mark Davis, Barbara Maas

**Regional Master:** Shannon Brown, Austin Pattison, Penelope Rittgers

**NABC Master:** Susie Thompson, Kristin Welter

**Life Master:** Charlotte Hubbell

**Bronze LM:** Helen Mom

**Silver LM:**

**Gold Life Master:** Philip Wisdom, Doug Stark, Toby White

**Diamond LM:** Gregg Walsh



*(Prez cont. from page 1)*

Gregg for the free plays and to Rod for the meat and other supplies for the pot luck meal.

Unit has not purchased any paper for the copier for some time. Unit agreed to provide 2 reams of copier paper for Gregg and the Wilsons who have provided the paper, and to purchase a ream of paper to stock the newer copier for unit usage.

Congratulations to Charlotte Hubbell on becoming a Life Master and to Helen Hom on becoming a Bronze Life Master.



FUN

PAIRS GAMES

TREATS

# Hawkeye Holiday Regional

## June 29-July 5

GOLD POINTS

### Don't miss it

FELLOWSHIP

TEAM GAMES

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## From *Pocket Posh*\*

By Terry Swanson

I got the cutest book the other day. It's call *Pocket Posh Tips for Bridge Players* by (who else) Marty Bergan. It has a kind of velour cover with embossed clubs, diamonds, etc. Too Cute!

In the introduction Marty says, "This book is not intended for beginner or experts. However, if you are part of the 90% of bridge players who are neither of these, this book is for you. . . . *Pocket Posh Tips for Bridge Players* is not a typical bridge text book. The 128 pages do not focus on one topic. Instead it is an assortment of practical tips and useful examples that are sure to help you know what is worth knowing."

And it's exactly that. I'm the kind of bridge player who relies on tips and ditties for making decisions so this is a perfect kind of book for me.

He starts with "Twenty Rules for Being a Good Partner." If there is room, I'll include them in the Sept. Hawkeyer.

The really interesting thing is one of the first tips is "It ain't over till it's over." It was pretty timely as we were exactly in this position the day the book came in. The bidding went

- My partner N opened 4♦
- W passed
- I had 7 beautiful spades, 11 points, but not much else and I thought and thought and passed.
- E bid 4♥, then informed my partner he couldn't bid because I had hesitated too long.

The director was called and said E was not supposed to talk to the opponents and she was wrong and N couldn't use the fact that I hesitated but could bid as his hand warranted.

Partner bid 5♦, W passed, I passed, E bid 5♥ and it went P, P, P. E made 5♥ for a top board. (Sometimes, life just ain't fair!)

In the tip, "It ain't over till it's over." Bergan says, "When your partner thinks for a long time and then passes, contrary to what many people will tell you, you're *not* barred.

This situation is one of the most misunderstood in all bridge. Sometimes a player has a difficult bidding problem. There is absolutely nothing wrong with him thinking about what to do. If you don't intend to think, then bridge is not the game for you.

When your partner takes extra time, your responsibilities are the same regardless of whether he bids, passes, or doubles. Yes, you noticed the break in tempo; how could you not? Regardless, you must try your best to ignore his hesitation and bid your hand normally. This is your only responsibility."

Below is one of the examples he used

South hand

♠QJ1085 ♥93 ♦8542 ♣7

The bidding

| W   | N  | E | S |
|-----|----|---|---|
| 1NT | P* | P | ? |

\* Hesitation before passing.

Bid 2♠. The bridge logic for this bid is so clear that it shouldn't matter even if partner took five minutes to pass! When E passed 1NT and you had 3 HCP, N was marked with a very good hand, regardless of whether he hesitated. With this hand, balancing with 2♠ is totally clear-cut. Passing here would be just as wrong as passing this hand after partner opened 1 NT.

You did not benefit from her hesitation. That is the only issue. So bid 2♠ with a clear conscience.



# Greater Des Moines Holiday Regional Bridge Tournament

## June 29–July 5, 2015



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Susan Seitz  
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Mike Smith  
[mike8smith@dwx.com](mailto:mike8smith@dwx.com)

#### Partnerships

Mary Lou Agnocs  
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## Mark Your Calendar

### Unit 216 Sectionals

#### **Stars of Tomorrow**

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Clive, IA  
Aug. 22-23, 2015

#### **Cornbelt Sectional**

Clive, IA  
Sep. 17-20, 2015

#### **Holiday Sectional**

Clive, IA  
Jan. 7-10, 2016

### District 14 Regionals

#### **Des Moines Regional**

West Des Moines, IA  
June 29-Jul 5, 2015

#### **Council Bluffs Regional**

Council Bluffs, IA  
Jul. 20-26, 2015

#### **Iowa City Regional**

Iowa City, IA  
Jun 27-Jul. 3, 2016

### ACBL Nationals

#### **Chicago, IL**

Aug. 6-16, 2015

#### **Denver, CO**

Nov. 16-Dec. 6, 2015

#### **Reno, NV**

Mar. 10-20, 2016