



Accessing the Beginner's Course Materials in nofearbridge

**1. Go to the nofearbridge website -
<https://nofearbridge.co.uk/>
Log in to the Member's site, on the box to the left**



The screenshot shows the nofearbridge website interface. At the top, the logo "nofearbridge" is displayed with the tagline "learning bridge just got easier". Below the logo is a navigation bar with buttons for "Home", "Learn Bridge", "Help", "For Teachers", and "Demos". On the left side, there is a "Member's Login" section. A large red arrow points to this section. Inside the "Member's Login" box, there is a link for "UK Acol bidding. 1NT 12-14." with a "Log In" button below it. There are also links for "Register" and "Help". Below the login section, there is a "Our Activities" section with text about video demos and free hands. To the right of the login section, there is a large green box with the text "Learning Bridge Just Got Easier!" and a description of the member's site. An illustration of a man holding cards with various bridge terms like "Vulnerable", "Finesse", "1NT", "6-9", and "Forcing" floating around him is also present.

Member's Login

UK Acol bidding.
1NT 12-14.

[Log In](#)

[Register](#) [Help](#)

Our Activities

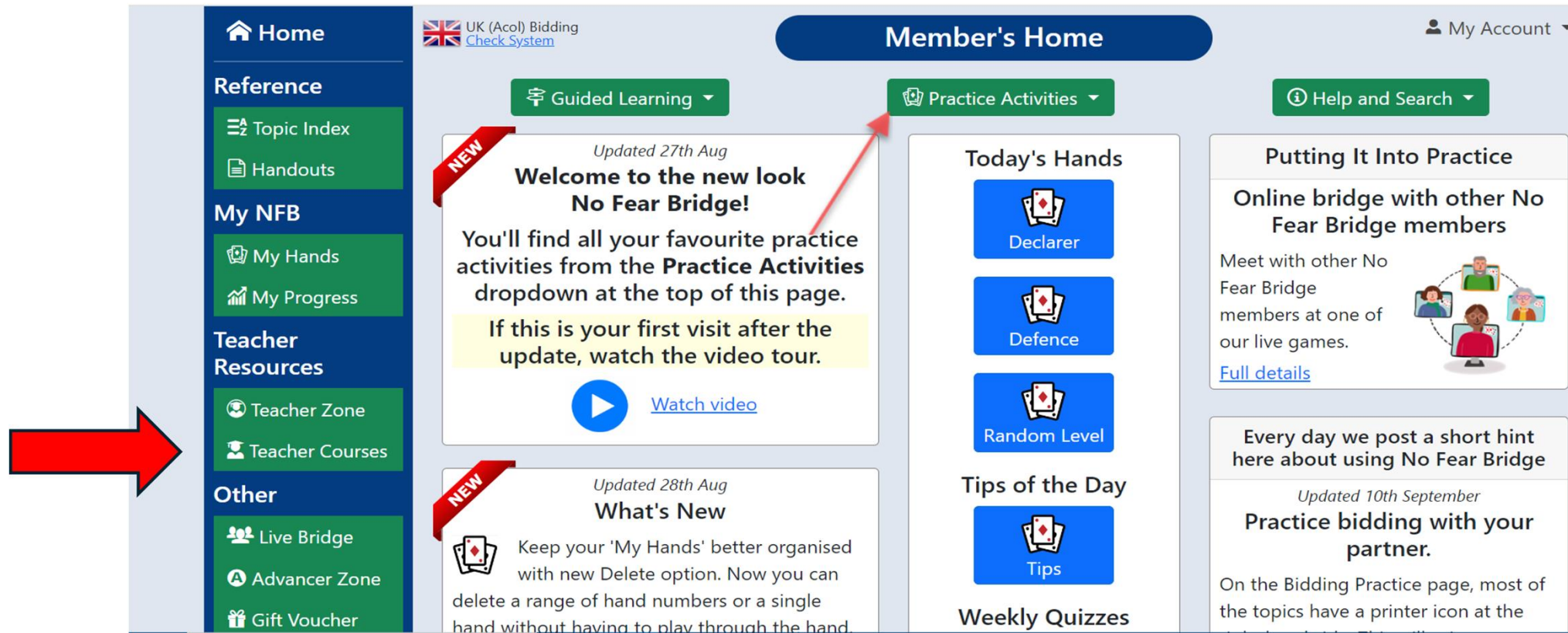
View some [video demos](#) of the No Fear Bridge interactive content.

Try some free hands to play and fun

Learning Bridge Just Got Easier!

The member's site is packed with online learning and practice activities for bridge beginners and learners of all levels.

2. Once on the Member's home page click on “Teacher Courses” as indicated



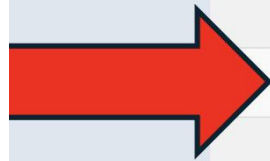
The screenshot shows the 'Member's Home' page. On the left is a dark blue sidebar with a white 'Home' icon at the top. Below it are sections: 'Reference' (with 'Topic Index' and 'Handouts'), 'My NFB' (with 'My Hands' and 'My Progress'), 'Teacher Resources' (with 'Teacher Zone' and 'Teacher Courses'), and 'Other' (with 'Live Bridge', 'Advancer Zone', and 'Gift Voucher'). A large red arrow points from the left towards the 'Teacher Courses' link. The main content area has a light blue header with 'Member's Home' and 'My Account'. Below the header are three green dropdown menus: 'Guided Learning', 'Practice Activities', and 'Help and Search'. The 'Practice Activities' menu is highlighted with a red arrow. The main content area features several cards: a 'NEW' announcement about a new look and practice activities (dated 27th Aug) with a 'Watch video' link; a 'NEW' announcement about a 'What's New' update (dated 28th Aug) regarding the 'My Hands' feature; a 'Today's Hands' section with buttons for 'Declarer', 'Defence', and 'Random Level'; a 'Tips of the Day' section with a 'Tips' button; and a 'Weekly Quizzes' section. On the right, there's a 'Putting It Into Practice' section about online bridge with other members, and a 'Every day we post a short hint here about using No Fear Bridge' section with a hint about practicing bidding with a partner (dated 10th September).

3. Under 'SELECT A TEACHER', sort by Teacher & County and then scroll down and click on U3A bridge online.

SELECT A TEACHER

Click on column heading to sort by teacher or county

Teacher ▼	County ▲
Wallingford Bridge Club	Oxfordshire
Victoria Hemy	Surrey
Veronica Petrie	Lancashire
Val Bannister	Buckinghamshire
Under 16 Squad	London
U3A Bridge	Online
Tony Cherrett	Surrey
Theresa Murray-Bates	Middlesex
Thea Sydenham	West Sussex



4. Enter teacher access code AND the course key supplied to you by email. Press Submit.

**Enter Teacher Access Code and
Course Key For U3A Bridge**

Check with your teacher if you don't
have an Teacher Access Code.
Course key may not be required.

5. When your Course list opens, select your lesson for the week and then select the activity – see example.

Select the lesson by number and topic





u3aBD Beginners Bridge Course..... Lessons

- Lesson 1 - u3aBD01 - Introduction to Bridge: Glossary & Scoring Guide
- Lesson 2 - u3aBD02 - Introduction to Bridge: Minibridge Basics
- Lesson 3 - u3aBD03 - Minibridge: Improving Your Game
- Lesson 4 - u3aBD04 - MiniBridge: Putting It Into Practice
- Lesson 5 - u3aBD05 - MiniBridge: Declarer Play
- Lesson 6 - u3aBD06 - MiniBridge: Introduction to Defence
- Lesson 7 - u3aBD07 ACOL: Bidding, Opening 1NT & Responses**
- Lesson 8 - u3aBD08 Opening 1 of a Suit and Raising Opener's Major Suit
- Lesson 9 - u3aBD09 Responding to 1 of a Suit Opening Bid and Rebids
- Lesson 10 - u3aBD10 Opening/Re-bidding with a 1-suited or 2-suited hand

In Lesson 7 you have 2 videos, a quiz and a handout

u3aBD07 ACOL: Bidding, Opening 1NT & Responses

YOUR PRACTICE ACTIVITIES FOR THIS LESSON

-  Introduction to the Bidding
-  Introduction to 1NT Opening Bid
-  Responding to 1NT with balanced hands Instant Feedback Quiz
-  Which Card to Lead Against No Trumps

Mark Lesson Completed

Back to Lesson List

Back to Courses