Don't be a PLAY LOW SALLY.

That is a DECLARER who sees the opening lead followed by the dummy and right away says PLAY LOW.

When dummy comes down is the time for Declarer to STOP and make a plan. Take as long as you need to assess the situation. Count winners in Notrump, count losers in a suit contract, ask Why that lead?

Likewise, THIRD HAND player should do the same. Many contracts are won or lost on the first trick. I have seen very good players in each seat take a minute to play to the first trick. This is the time to SLOW DOWN and prepare for battle. Larry Cohen is the one who coined the phrase "PLAY LOW SALLY".

By the way, if you are dummy, do not play or indicate a card until Declarer tells you. He is thinking and doesn't need you to hurry him up!