

The following is a message from the CBAI for all affiliated clubs:

Dear All,

We have all been made aware of the development and spread of the Covid-19 virus over the last few months through various media and now that the first cases have arrived in Ireland, we need to make a careful assessment of our activity and the precautions needed to reduce the risks for our members.

All clubs are asked to act responsibly and follow the protocols recommended by the HSE and Department of Health. Most are listed below, but please check official health websites for any updates -

Do

Wash your hands properly and often.

Cover your mouth and nose with a tissue or your sleeve when you cough and sneeze.

Put used tissues into a bin and wash your hands.

Clean and disinfect frequently touched objects and surfaces.

Try to avoid close contact with people who are not well.

Follow the Travel advice from the Department of Foreign Affairs

Don't

Do not touch your eyes, nose or mouth if your hands are not clean. **Wash your hands first. If no soap and water available, use alcohol based hand sanitizer.**

You should wash your hands:

- after coughing or sneezing
- after toilet use
- before eating
- before and after preparing food

- if you are in contact with a sick person, especially those with respiratory symptoms
- if your hands are dirty
- if you have handled animals or animal waste

If a player is displaying any symptoms, they should not come to bridge.

If they have returned from an area where the virus is known to be active, they should not attend a session of bridge for at least two weeks.

I would ask that you pass this message on to your members as soon as possible to make them aware of how they can contribute to their own and their fellow members' safety.

If you have a club website, please include this information there.

A .pdf version will be available for download from the homepage of www.cbai.ie tomorrow.