

Highcliffe Duplicate Bridge Club

Dear Members

After just over a week I have been missing you all and wondering how we might stay in touch during the long period of self-isolation and would like to share my thoughts with you.

John Lee, our Membership Secretary, has volunteered to email all our 108 members to find out how things are with you and to encourage any feedback / response about your approach to self-isolation and keeping safe and healthy. Depending on your responses we can then decide how best to share your ideas. We are also keen to know if any members are in need of support whether that be wanting shopping or just a regular phone call. Just let us know and we will see what can be done but we are, of course, conscious of the need to maintain the rules around social distancing.

I am trying to pick up a book and read for a while each day – do you have any good recommendations. The same goes for any kind of entertainment e.g. films, on-line games etc.

It is amazing how this virus has caused some of us to have 'senior moments'. I cooked a casserole yesterday and put it in the Aga hot oven rather than the slow oven. After nearly two hours it was unrecognisable!!! Phyl went to the supermarket to do her shopping and realised when she got to the checkout that she left her handbag on the front seat of her car!!! And, if that wasn't bad enough, she went to the newsagents to get her paper and sort out its delivery and then went home without the paper.

And sitting thinking and twiddling my fingers I felt the need for a ditty.

Keep Safe- Keep Smiling

***What can I do to cheer up your day
What can you do for your own 'safety play'
We are told we need to scope out our time
There must be things that will be just fine***

***No bridge, no golf, no sports at all
Life certainly cannot be described as a ball
It is difficult to know just what to do next
But stay indoors as our muscles we must flex***

***This plan we need is for our own peace of mind
We should look after ourselves and aim to be kind
And try to be in touch with you, if only a few
Do tell me your thoughts whether it be just one or two***

***We know it will end so let it be soon
Trying to find alternative fun is all about gloom
Nothing compares with the game that we play
And the friends that we miss at the end of the day.***

Pat Carruthers – (Tele: 01425 616312)