

# Carson City Senior Center Menu

## March 2026

Menu subject to change without notice.

Suggested donation for age 60 & over is \$2.25. Those age 13-59 must pay \$6.00, and under 12 must pay \$2.25.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p><u>Chicken Pasta Primavera</u> House Salad Citrus Delight Garlic Bread #32</p>	<p>3</p> <p><u>Cabbage &amp; Ham Stew</u> Diced Potatoes House Salad with Garbanzo Beans Diced Peaches WW Roll</p>	<p>4</p> <p><u>Beef Stir Fry</u> Steamed Brown Rice Beet Salad Mandarin Oranges Pudding</p>	<p>5</p> <p><u>Shepherd's Pie</u> Mixed Veggies Spinach Salad Muffin Fresh Fruit #29</p>	<p>6</p> <p><b>HAPPY BIRTHDAY!</b> <u>Shrimp Scampi</u> Pasta Steamed Broccoli House Salad Fresh Banana WW Roll Ice Cream and Cake</p>
<p>9</p> <p><u>Pork Verde</u> Long Grain Wild Rice Cali Veggie Blend Fruit Juice Fresh Fruit</p>	<p>10</p> <p><u>Turkey Bean Soup</u> PB Banana Sandwich Chopped Spinach Melon Cup #24</p>	<p>11</p> <p><u>Chicken Parmesan</u> Fettucine Noodles Green Beans Tossed Salad Pineapple Chunks #184</p>	<p>12</p> <p><b><u>CLOSED STAFF IN SERVICE DAY!</u></b></p>	<p>13</p> <p><u>Chicken Cordon Bleu</u> Rice Pilaf Steamed Peas House Salad Fresh Apple Cookie</p>
<p>16</p> <p><u>Ginger Garlic Glazed Pork</u> Jasmine Rice California Veg Blend Fresh Orange Pudding Cup</p>	<p>17</p> <p>Happy St. Patrick's Day! <u>Reuben Sandwich</u> Rye Bread Potato Salad House Salad Tomato Juice Fruit Cup</p> <p>Wear Green!</p>	<p>18</p> <p><u>Beef Taco</u> Ranch Style Beans Mexicorn Tropical Fruit #55</p>	<p>19</p> <p><u>Swiss Steak</u> Egg Noodles Mixed Veggies Orange Spinach Salad Fresh Banana WW Roll #69</p>	<p>20</p> <p><u>Chicken Gumbo</u> Rice &amp; Red Beans Green Beans Cornbread Fruit Juice Fruit Cup 60</p>
<p>23</p> <p><u>Sweet Chili Chicken</u> Brown Rice Stir Fry Veggies Pineapple Chunks Fruit Juice</p>	<p>24</p> <p><u>Sausage Patties</u> Cheese &amp; Scallion Potato Puffs Onions &amp; Peppers Fruit Juice Fruit Cup</p>	<p>25</p> <p><u>Asian Sesame Chicken</u> Brown Rice Stir Fry Veggies Pineapple Chunks House Salad Fortune Cookie</p>	<p>26</p> <p><u>Chef Salad</u> Lentil Soup Mandarin Oranges Muffin #59</p>	<p>27</p> <p><u>Baked Pork Chop W/ Mushroom Gravy</u> Baked Potato with Sour Cream Steamed Carrots House Salad Berry Cup #159</p>
<p>30</p> <p><u>Clam Chowder</u> <u>Turkey Sandwich</u> Steamed Lima Beans Fresh Fruit Pudding WW Roll</p>	<p>31</p> <p><u>Meatloaf</u> Mashed Potatoes Steamed Spinach Fruit Cup WW Bread #3</p>	<p>Milk: On-site (Congregate) - 8oz served daily. Meals on Wheels - half gallon delivered weekly.</p> <p>On-Site (Congregate) Lunch:</p> <ul style="list-style-type: none"> <li>Lunch Served: 11-12:30pm, Mon – Fri</li> <li>To-Go Lunch Available Daily – Bring your containers.</li> </ul> <p>Entrée Salad Available Most Days – instead of the day's meal for on-site lunch only. (See weekly menu for availability.)</p>		