

Carson City Senior Center Menu

July 2026

Menu subject to change without notice.

Suggested donation for age 60 & over is \$2.25. Those age 13-59 must pay \$6.00, and under 12 must pay \$2.25.

Monday	Tuesday	Wednesday	Thursday	Friday
Milk: On-site (Congregate) - 8oz served daily. Meals on Wheels - half gallon delivered weekly. On-Site (Congregate) Lunch: - Lunch Served: 11-12:30pm, Mon – Fri - To-Go Lunch Available Daily – Bring your containers. Entrée Salad Available Most Days – instead of the day's meal for on-site lunch only. (See weekly menu for availability.)		1 <u>Tuna Macaroni Salad</u> 3 Bean Salad Spiced Applesauce Apple Crisp	2 <u>Hamburger W/</u> <u>LTOP</u> Baked Beans House Salad Watermelon Cookie #136	3 <u>CLOSED HAPPY 4th</u> <u>OF JULY!!!!</u> Birthday Friday will be Celebrated next Friday
6 <u>Honey Lemon</u> <u>Chicken</u> Penne Pasta Brussel Sprouts Pineapple Chunks WW Bread #116	7 <u>Beef Stir Fry</u> Brown Rice Broccoli Asian Garbanzo Bean Salad	8 <u>Baked Pork Chop</u> Mashed Sweet Potatoes Steamed Green Beans Banana WW Roll #110	9 <u>Fish Taco</u> Black Beans Coleslaw Sliced Peaches Cookie	10 <u>HAPPY BIRTHDAY!</u> <u>Chicken Cordon Bleu</u> Rice Pilaf Peas Fresh Orange Cake & Ice Cream
13 <u>Baked Salmon</u> Buttered Potatoes Braised Red Cabbage Orange Spinach Salad Ginger Cookie #80	14 <u>Baked Ziti</u> Broccoli House Salad Garlic Breadstick	15 <u>Chicken Cacciatore</u> Herbed Veg Medley Cucumber Salad Citrus Delight WW Roll #87	16 <u>Pork Ragu</u> Jasmine Rice Capri Veggie Blend Fresh Fruit WW Bread	17 <u>Meatloaf</u> Mashed Potatoes Peas & Carrots Fresh Fruit WW Roll
20 <u>Chef Salad</u> Fresh Fruit Three Bean Salad Cookie	21 <u>Pork Fried Rice</u> Stir Fry Veggies Mandarin Oranges Fortune Cookie	22 <u>Beef Stroganoff</u> Egg Noodles Acorn Squash Fresh Apple Brownie #108	23 <u>Herbed Baked</u> <u>Chicken</u> Mashed Sweet Potatoes Herbed Veg Medley Spiced Applesauce WW Bread #73	24 <u>Swedish Meatballs</u> Egg Noodles 4-Way Veggies Fruit Juice Ice Cream Treats Sponsored by Pay It Forward Project
27 <u>Swiss Steak</u> Egg Noodles Mixed Veggies Banana WW Bread #69	28 <u>Shrimp Alfredo</u> Linguine Pasta Lima Beans Cucumber Salad	29 <u>Italian Sub Sandwich</u> WW Hoagie Roll House Salad Tomato Juice Fresh Fruit	30 <u>Chicken Pasta</u> <u>Primavera</u> Green Beans Citrus Delight Garlic Breadstick #32	31 <u>Sloppy Joes On WW</u> <u>Bun</u> Baked Beans House Salad Fruit Juice Cookie