

Carson City Senior Center Menu

Menu subject to change without notice.

Suggested donation for age 60 & over is \$2.25. Those age 13-59 must pay \$6.00, and under 12 must pay \$2.25.

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>Milk: On-site (Congregate) - 8oz served daily. Meals on Wheels - half gallon delivered weekly.</p> <p>On-Site (Congregate) Lunch:</p> <ul style="list-style-type: none"> • Lunch Served: 11-12:30pm, Mon – Fri • To-Go Lunch Available Daily – Bring your containers. • Entrée Salad Available Most Days – instead of the day’s meal for on-site lunch only. (See weekly menu for availability.) | | | | <p>1</p> <p><u>HAPPY BIRTHDAY!</u> <u>Baked Pork Chop W/</u> <u>Mushroom Gravy</u> Baked Potato Steamed Carrots Tossed Salad Mixed Berry Cup Cake & Ice Cream #159</p> |
| <p>4</p> <p><u>Biscuit & Sausage</u> <u>Gravy</u> Omelet and Breakfast Veggies Fresh Fruit Muffin</p> | <p>5</p> <p><u>Pork Chow Mein</u> Steamed Spinach Sliced Pineapple WW Bread #122</p> | <p>6</p> <p><u>Chicken Pasta</u> <u>Primavera</u> House Salad Citrus Delight Steamed Broccoli Garlic Breadstick #32</p> | <p>7</p> <p><u>BLT on Croissant</u> House Salad Cottage Cheese 3 Bean Salad V8 Juice Pudding</p> | <p>8</p> <p><u>Creamy Tomato</u> <u>Turkey Pasta</u> Linguine Noodles Italian Veggies Fresh Fruit Garlic Breadstick</p> |
| <p>11</p> <p><u>Chicken Tetrzzini</u> Baby Carrots Broccoli Salad WW Roll Pudding #47</p> | <p>12</p> <p><u>Chinese Pork Stuffed</u> <u>Pepper Casserole</u> Stir Fry Veggies Crispy Noodles Mandarin Oranges</p> | <p>13</p> <p><u>Pesto Chicken</u> <u>Sandwich</u> WW Bun Candied Carrots Coleslaw</p> | <p>14</p> <p><u>Shrimp Scampi</u> Fettuccine Pasta Broccoli Lentil Salad</p> | <p>15</p> <p><u>Pepper Steak</u> Mashed Sweet Potatoes Green Beans W/ Mushrooms Garbanzo Salad Muffin #137</p> |
| <p>18</p> <p><u>Taco Casserole</u> Spanish Rice Baked Zucchini Melon Cup #131</p> | <p>19</p> <p><u>Chicken Caesar</u> <u>Salad</u> Fruit Juice Breadstick</p> | <p>20</p> <p><u>Ham & Veggie</u> <u>Casserole</u> Green Beans W/ Crispy Onions Fruit Juice Cookie</p> | <p>21</p> <p><u>Chicken Mushroom</u> <u>Marsala</u> Rice Pilaf Mixed Veggies Diced Pears WW Roll</p> | <p>22</p> <p><u>Spaghetti W/ Meat</u> <u>Sauce</u> Zucchini Colorful Salad Tropical Fruit Cup WW Bread #39</p> |
| <p>25</p> <p><u>CLOSED</u> <u>MEMORIAL</u> <u>DAY!!!!</u></p> | <p>26</p> <p><u>BBO Chicken</u> Baked Squash Ranch Style Beans Cucumber Salad Chantilly Cup Biscuit #72</p> | <p>27</p> <p><u>Honey Sesame Pork</u> Jasmine Rice Cali Veggie Blend Fruit Juice WW Roll</p> | <p>28</p> <p><u>Tuna Casserole</u> Colorful Salad Fruit Cup WW Bread #177</p> | <p>29</p> <p><u>Creamy Lemon</u> <u>Chicken</u> Rotini Pasta Mixed Veggies Fresh Apple</p> |