

Carson City Senior Center Menu

June 2026

Menu subject to change without notice.

Suggested donation for age 60 & over is \$2.25. Those age 13-59 must pay \$6.00, and under 12 must pay \$2.25.

Monday	Tuesday	Wednesday	Thursday	Friday
1 <u>Chicken Gumbo</u> Rice & Red Beans Green Beans Fruit Cup #142	2 <u>Swedish Meatballs</u> Egg Noodles Peas & Carrots Fresh Fruit	3 <u>Chile Relleno</u> <u>Casserole</u> Spanish Rice Refried Beans Mexicorn	4 <u>Tuna Salad Sandwich</u> House Salad Fruit Juice Beet Salad	5 <u>HAPPY BIRTHDAY!</u> <u>Meatloaf</u> Mashed Potatoes Steamed Spinach Chantilly Cup WW Bread Cake & Ice Cream #3
8 <u>Chicken Parm</u> Fettucine Pasta Mixed Veggies Fruit Juice WW Roll	9 <u>Herb Crusted Pork</u> Baked Yam Green Beans Pear Cup WW Roll #179	10 <u>Seafood Louie Salad</u> Fruit Cup Three Bean Salad Sourdough Bread	11 <u>Turkey Stir Fry</u> Jasmine Rice Stir Fry Veggies Fresh Fruit	12 <u>Spaghetti W/ Meat</u> <u>Sauce</u> Zucchini Colorful Salad Mandarin Oranges WW Bread #39
15 <u>Sauerbraten</u> Baked Yam Hot German Slaw Applesauce #31	16 <u>Mediterranean Salad</u> Pineapple Chunks Tomato Juice WW Roll	17 <u>Chicken w/ Orange</u> <u>Sauce</u> Mashed Potatoes Mixed Veggies WW Bread Yogurt Peaches #103	18 <u>Father's Day</u> <u>BBQ Ribs</u> Baked Beans Corn Coleslaw	19 <u>CLOSED</u> <u>JUNETEENTH!!!</u>
22 <u>Beef Tacos</u> Ranch Style Beans Mexicorn Tropical Fruit Cup #55	23 <u>Baked Pork Chop</u> <u>with Mushroom</u> <u>Gravy</u> Baked Potato with Sour Cream Steamed Peas & Carrots Cookie	24 <u>BBQ Chicken</u> Acorn Squash Cucumber Salad Biscuit Chantilly Cup #72	25 <u>Steak Strips</u> <u>Smothered in Onion</u> <u>Gravy</u> Italian Veggie Blend Fresh Apple WW Roll	26 <u>Turkey Swiss</u> <u>Sandwich</u> Potato Salad Fruit Juice Tomato Salad WW Hoagie Roll
29 <u>Southwest Penne &</u> <u>Chicken</u> Squash Breadstick Citrus Delight #169	30 <u>Sweet & Sour Pork</u> Jasmine Rice Stir Fry Veggies Fruit Juice Fortune Cookie	Milk: On-site (Congregate) - 8oz served daily. Meals on Wheels - half gallon delivered weekly. On-Site (Congregate) Lunch: <ul style="list-style-type: none"> • Lunch Served: 11-12:30pm, Mon – Fri • To-Go Lunch Available Daily – Bring your containers. • Entrée Salad Available Most Days – instead of the day's meal for on-site lunch only. (See weekly menu for availability.) 		