

ESSEX LEAGUES – 2025/26

Have you thought about entering the Essex Leagues? Teams is a format where you don't have to worry about making overtricks you just need to concentrate on making your contract. Many players prefer this and find it more enjoyable.

However, if you are ambitious in your bridge, you should also be considering Teams as this is the format of County matches.

The Essex Leagues are team competitions consisting of a series of matches generally played in the players' own homes. However, if this is not convenient alternative venues eg. club premises can be used. Or, if all 8 players agree, the match can be played online.

Traditionally, the matches were played in the evenings, but this is not necessary. A lot of people now prefer to play during the day.

How it works is 12 boards are played before stopping for some refreshments (provided by the home team) followed by another 12 boards. The captains agree the scores and the Home Captain enters the result on the website.

The League is divided into Divisions with the number of divisions depending on the number of teams.

There are usually approx. 6 teams in each division which means each team would play 5 matches per season.

The season runs from 1st October to 30th April. All standards of players can be accommodated. There is an entry fee of £20 per team.

Why not give it a try? You just need a team of 4 to get started.

If you are a partnership who would like to play but are without another pair, let me know and I'll try to match you with a pair of similar standards. Any queries please get in touch.

Gemma Fewster League Secretary

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