Inner Peace

I am passing this on to you because it definitely worked for me

today,

and we could all probably use more calm in our lives.

A doctor on TV this morning said the way to achieve inner peace is to finish all the things you have started.

So I looked around my house to see things I'd started and hadn't finished.

So far I have managed to finish a bottle of Merlot, a bottle of Chardonnay, a bodle of Baileys, a butle of wum, a pockage of Prungles, tha mainder of bot Prozic and Valiuminun scriptins, the res of the chesescke an a box a chocletz.

Yu haf no idr how bludy fablus I feel rite now!

Plaese sned dhis orn to dem yu fee ar in ned ov iennr pisss.

An telum, u blody luvum!! Xxx