OPEN 1 CLUB WITH 5-5 CLUBS AND SPADES (weak or strong)

Controversial – but my preferred style. The sensible but less exciting choice. You've much more opportunity to show both suits at a reasonably low level.

Pros:

a) Much better chance of showing both suits.

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♠ AK752 ♥ 7 ♦ 93 ♣ KQ852
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 $1 \clubsuit$ - 1(red-suit) – 1 ♠ - subsequently repeat spades to show five.

b) but if you open a spade –

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1♠ - 2(red-suit) – 2♠. Never showing your club suit!!
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c) Make the above hand slightly stronger

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♠ AK752 ♥ 7 ♦ A3 ♣ KQ852
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1♣ - 1(red-suit) – 1♠ - anything - 3♠ - shown 5-5 and a strong hand all below 3NT

Cons:

d) ♠ AK752 ♥ 7 ♦ 93 ♣ KQ852

1♣ - opposition 4♥ If partner passes you can't reasonably bid 4♠ nor 5♣, but if you'd opened 1♠, partner may combat the opponents preempt with a reasonable hand and some spades. But how often in the club do they pre-empt at the four-level.

e) (same hand as above) 1♣ - 1NT - ??. However it's not very often partner bids 1NT over your club opening (he would have to be 3-3-3-4).

Moreover this is readily resolved if opener's re-bid of $2 \triangleq$ is not deemed to be a reverse – showing exactly this hand (with a 16+ hand and four spades opener can bid $3 \triangleq$ - he can probably stand $4 \triangleq$ based on the distribution).

f) 1♠ is more pre-emptive than 1♣

Note: Suppose the auction goes (opposition bids bracketed) $1 - (1 \lor) - 2 \lor - (2 \lor) - ??$ With only four spades you should double (obviously not penalty), whereas with five spades just bid $2 \lor$.