

I'm Ann Caste from the Vanderbilt Bridge Club in Nashville Tennessee. I just achieved "Regional Master" status.

Here's my story: I have been playing bridge nonstop for 60 years!! Everyone was playing bridge when we learned during those college days. Bridge was a sore excuse for missing class or study time but we kept at it.

Bridge helped me get through the endless days and nights of diapers and feedings as we snuck off to play a hand.

Bridge helped me through the trials and tribulations of moving. Bridge was the instant key to lasting friendships everywhere I went. It never let me down.

Then one day a friend said Ann you need to play duplicate bridge. Come with us. So off we went to a new adventure. I couldn't be any more hooked on bridge but this level was great! I had to learn the new bridge and give up the old Goren ways. Now I'm buzzing with conventions and transfers and too many processes to name.

But once again bridge came through for me when the pandemic struck! Marooned and locked down - oh my. What to do! Another friend said let's try this new online bridge everyone is talking about. Well the directors at the bridge club kindly and patiently talked me through this process! Now I'm even more hooked!!

Thank you bridge for once again getting me through life. It's true love!