

Information for bridge players on Coronavirus

Regrettably it is apparent that the demographic of bridge clubs aligns closely with those most at risk from this new virus. Rest assured that this club is working closely with other local clubs and venues as well as keeping up to date with NHS and Government guidelines on the appropriate measures to take to safeguard players as much as possible.

We propose to maintain our activities until advice to the contrary is received.

However as part of this we must ask that **everyone follows** the following advice:

- Please wash your hands (thoroughly) as your last task prior to leaving for the club.
- Please wash your hands (thoroughly) on entering the club.
- Please wash your hands as often as you can during the evening and whenever you return to the playing area having left it. There is some alcohol-based hand sanitiser as an alternative but soap and water is more effective. Sanitiser is also in VERY short supply.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- If you sneeze or cough, catch it in a tissue (or use your sleeve), dispose of the tissue and wash your hands thoroughly.
- Whenever you wash your hands please take the time to dry them properly.

Please help and supplement our efforts by:

- Adhering to these requests.
- Using your own sanitiser as able in addition to the above.
- Advise us should you be diagnosed with the virus or if you self-isolate.
- **If you can secure a supply of sanitiser we would be grateful, it is currently difficult to obtain (*The club would of course reimburse you*).**

Please **do not** come to the club if:

- You have symptoms of coronavirus or have been in contact with someone who does; please use the NHS 111 service for advice on what to do.
- You have recently returned from one of the countries that has a high number of cases.