

	PORTHCAWL SUMMER TRIATHLON - 2019						
	03-Aug	10-Aug	23-Aug		Two Best %		
Chris Rawlings	55.21	65.48	56.67		122.15%		Gold Medal
Teresa Griffiths	55.21	65.48	56.67		122.15%		Gold Medal
Rory Gibbons	53.65		37.08		90.73%		
Pat Haworth	53.65	57.14	58.57		115.71%		
Beth Davies	52.60	43.45	36.67		96.05%		
Dian Jones	52.60	43.45	36.67		96.05%		
Roger Draper	50.00	38.10	51.25		101.25%		
Dave Nicklin	50.00	38.10	51.25		101.25%		
Dave Lea	49.48	56.25			105.73%		
Debbie Lea	49.48	56.25	52.86		109.11%		
Connie Dick	48.44	50.00	58.10		108.10%		
Alwyn Hill	48.44	50.00			98.44%		
Trish Saunders	48.44	57.74	58.10		115.84%		Bronze Medal
Janet Richards	48.44	57.74			106.18%		
Norma Newman	47.92	48.96	58.33		107.29%		
Dave Newman	47.92	48.96	58.33		107.29%		
Maurice Harris	47.40	35.12	64.29		111.69%		
Margaret Harris	47.40	35.12	64.29		111.69%		
Dil Evans	46.88	55.95			102.83%		
Marian Evans	46.88	55.95			102.83%		
Terry Dolan		57.14	58.57		115.71%		
Eileen Mahoney		42.19	35.71		77.90%		
Jeff Barnett		42.19	35.71		77.90%		