

ACBL Bridge Mentoring Program Handbook

Benefits of Having a Mentor

- Increased social interaction
- Coaching and advice
- Reduced frustration levels
- Increased success
- Increased satisfaction

Responsibilities of a Mentee

- Respect your mentor's time
- Take action on the information provided by the mentor without being overly sensitive to constructive criticism
- Show respect for your mentor's efforts through behaviour and follow-through
- Pass on the gift of mentoring by taking on a mentee of your own

Benefits of Being a Mentor

- Keeps you sharp
- Allows you to set an example
- Shares your love for the game
- Encourages creativity
- Allows you to give back

Responsibilities of a Mentor

- Give your time unselfishly
- Possess a level of skill and experience
- Share your knowledge
- Commit to playing the number of agreed games

(Bridge Mentoring Program Handbook, ACBL, Revised May 2015)