



February 2001 Vol. XVIII, No. 21

Tricks & Treats

For Members of the Columbia Bridge Club

February marks not only *Valentines Day*, but it is also **Junior Fund Month**. CBC will be holding only two Jr. Fund games per sanctioned session this year.

Alert*** There will also be a **STaC** (Sectionally-rated Tournament at Club) during the week of February 12th to the 18th. **Note** that the regular Monday night and the Tuesday Noon games will be Open rather than limited to 0-1000 and 0-750 MPs respectively.

Monthly Birthday's: The monthly birthday parties have been a great success. I greatly appreciate those who have volunteered to help with these. *Alice Moore and Lillian Hopkins* had a wonderful President's Day theme in January, and an abundance of good food, and we had 9 tables of bridge in play. *Marika Hallosy and Eleanor Hack* will be hosting the February party on Saturday the 10th.

From The Washington Post by Don Colburn. Playing bridge may bid up your immunity. "New findings suggest that brainy card games such as contract bridge may at least temporarily raise production of a key blood cell involved in fighting off illness. After 90 minutes of play, bridge players had increased levels of immune cells.....

Marian Cleeves Diamond, a neuroscientist the University of California, Berkeley, presented the findings at the annual meeting of the Society for Neuroscience in New Orleans. Diamond studied bridge players from a California Women's bridge club. She chose bridge players because the game involves skills stimulating a part of the brain called the dorsolateral cortex, part of the frontal lobe that earlier animal research suggests may play a role in the immune system.

Contract bridge is an ideal activity to study in humans, Diamond said. Bridge players must plan ahead, use working memory, show initiative, sort cards and keep many items in sequence – mental challenges involving the dorsolateral cortex.

The new findings are based on blood samples drawn before, and after 90 minutes of bridge from 12 players..... Afterward, the blood samples showed a rise in levels of white blood cells called T cells, which are produced by the thymus gland and deployed by the immune system against viruses and other threats. The T cell count jumped significantly in eight of the bridge players, slightly in the other four."

So there you have it folks!!! Not only are we bridge players at lower risk for Alzheimer's, but also immune disorders!!! **Positive proof** I think that we all need to play *more Bridge!!!*

Director's Note: In talking to a director after an evening Open game, the director made the observation that a certain hand was bid to a sound 6 Diamond contract, but after a couple rounds that same hand was being bid to 6 NT and making due to the favorable lie of cards. A few weeks later it had been noticed that pairs were bidding close games and finding deadly opening leads late in the game that were generally not being found earlier in the evening. Maybe curious, and maybe not so curious! After round 4 at table 5 near the coffee pot, an EW pair was engaged in lively analysis of all 3 boards played that round, and the light dawns. Remember: Allowing other pairs

to avoid your mistakes is not very likely to enhance your game, and constantly arguing or analyzing that allows other pairs to do better than the pair you are currently playing against is unethical. In either case, if you consistently overrun your time each round, expect to have the director take action.

The first Grand National Team Qualifying event was held on Sunday January 21, 2001. Flight A winners were Happoldt Neuffer, Lucasz Lebioda, Wayne Hollingsworth, and Hugh Brown. Also Qualifying in Flight A were Bob & Pat Webb, Chris Webb, Damaris Rorie, Pat & Joyce Lauterbach, George Nichols, and Alan Brooks, Qualifying in Flight B were James Blackwell, Jean Teneriello, Harold Moore, Gwen Beckman, and Catherine and Thurman Bruffey, Jack Moye, and Joan Heath. The second Qualifying Round will be in March.

Batesburg Sectional

Stratified Pairs, Fri Afternoon

1B: Joan Osteen Betty Caddell

Stratified Open, Sat Afternoon

2A: George Nichols

3A: Happoldt Neuffer, Lucasz Lebioda

3/4B: Jeff Thomas, Frances Lawton

1AX: Pat & Joyce Lauterbach

2AX: Gwen Beckman, Harold Moore

Stratified OPEN, Sat Evening

2A: Hap Neuffer, Lucasz Lebioda

3B: Abdul Ghaffar, Luanne Edwards

2C: Linda York, Ed Scheiblich

Stratified Pairs, Fri Evening

2A: Pat Lauterbach, Tori Tveraaen

3B: Joan Osteen, Betty Caddell

3C: Tom Overby

NLM, 0-200 Fri Evening

3: Sallie Blackwell, C. Steinacher

NLM, 0-200, Sat Afternoon

2: Lou Riddle, Alvaree Hanley

IN Players, Sat Evening

2: Bea Hordych, Dorothy Defiori

Flight B/C/D, Sat Afternoon

2B: Amelia Nelson, V. Robertson

3/4B: Jeff Thomas, Frances Lawton

Swiss Teams, Sunday

3/4A: Bob & Pat Webb

Butch Maybin, Fred Chisholm

3B: Chris & Lee Webb,

Thurman & Cathy Bruffey

1C: Jeff Thomas

2C: Frances Lawton, Dodie Defiori

Sally Blackwell, Cathy Steinacher

Special Games At Club

Club Championship 0-1000 Jan 8

1A/1B: Rosa Shaw, Carolyn Floyd

2A/2B: Joyce & John Wilkinson

3A/3B: Madalyn Dybvik, Irma Murray

1C: Anne Gilmore, Sallie Blackwell

2C: Lou Riddle, Alvaree Hanley

3C: Dorothy Defiori, H. Cashwell

Unit Game OPEN Jan 23

1A: Kenneth Fasching, Hap Neuffer

2A: Pat Webb, Brian Lipscomb

3A: Velma Lamp, Genevieve Brady

1B: Margaret Hill, Marika Hallosy

2B: Thomas Balcerek, Nathan Fain

Unit Championship 0-300, Jan 18

1A/1B: Frances Lawton, Joe Capalbo

2A/2B: Sybil Pratt, Mary Nichols

3A/3B: Jane Temple, Shirley Ness

2C: Dan & Carla Davis

3C: Diane Finan, Melissa Day

International Fund OPEN Jan 27

1A: Betty Schneider, Alice Morris

2A/1B: J. Lauterbach, T. Tverraaen

3A/2B: Fran Jenkins, Jean Cram

3B: Alice Moore, Lillian Hopkins

1C: Madalyn Dybvik, Irma Murray

2C: Bill Fogleman, Henry Momand

Club Championship OPEN Jan 20

1A/1B: J. Lauterbach, T. Tverraaen

2A/2B: Amelia Nelson, Ellen Oliver

3A: Velma Lamp, Marika Hallosy

3B/1C: Thurman & Cathy Bruffey

2C: Jack Moye, Joan Heath

3C: Bill Fogleman, Henry Momand

CharityClubChamp 0-1000 Jan 29

1A: Carolyn Floyd, Rosa Shaw

2A: Wade & Ellen Oliver

3A: R. Friedman, Mary Smith

1B: Bill Fogleman, H Momand

2B/1C: Mary Nichols, B. Hordych

3B/2C: Sybil Pratt, Beth Pyles

Master Point Races

COLEMAN FARRELL 0-50

Jeffrey Thomas 38.86

Betty Warren 21.05

Arnold Levinson 19.41

Jack Moye 15.31

Mary Hayden 12.73

Shirley Ness 12.17

Patricia Roach 11.72

Ken Staugler 9.84

Jane Temple 9.71

Melissa Day 9.59

HENRY MILLS 0-Life Master

Amelia Nelson 56.80

Jack Wilkinson 52.60

Jeffrey Thomas 38.86

Bea Hordych 35.22

Sybil Pratt 32.84

Everett Ness 30.13

Mary Nichols 29.86

Frances Lawton 27.98

Joan Osteen 26.49

Joyce Wilkinson 25.61

SOL LOURIE 0-Unlimited

Happoldt Neuffer 87.76

Eleanor Hack 59.32

Marika Hallosy 57.65

Amelia Nelson 56.80

James Blackwell 55.42

Kenneth Fasching 53.94

John Wilkinson 52.60

Pat Webb 50.12

Gwen Beckman 49.35

Lillian Hopkins 47.75

The Tri-City Sectional will be March 16- 18. Damaris Rorie always does a wonderful job with this tournament. So start thinking about your immune system now!!!

February 2001

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday																																																																												
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